










## NEWS RELEASE: October 11, 2012

**Register NOW: Oct 20<sup>th</sup> – Dayton Area Sharks Annual Bobble-Head Pentathlon (SCY)** Beaver creek YMCA with an excellent timing system – New Time: **4:00 PM Warm-up and 5:00 PM Start** – The most fun meet in the mid-west! Bobble Head trophies for Pentathlon winners – Event Ribbons: 1<sup>st</sup>-3<sup>rd</sup> place each age group ... *see below* **\$1 Million to top team** (not really)

**Register NOW: Nov 10<sup>th</sup> – Miami Redfins Annual Fall Meet (SCM)** ... *see below*

### 2012 Coming Events:

-  **Oct 20** (SCY) **Dayton** Area Sharks (See above) <http://www.usms.org/comp/event.php?MeetID=20121020DAYSHAY>
  -  **Oct 27** (SCM) Indianapolis – 29<sup>th</sup> Annual Fall Classic <http://www.usms.org/comp/event.php?MeetID=2012102729thFCS>
  -  **Oct 28** (SCM) Mason, Michigan – <http://www.usms.org/comp/event.php?MeetID=20121028MASON>
  -  **Nov 10** (SCM) **Oxford, OH** – Miami Redfin Meet, <http://www.usms.org/comp/event.php?MeetID=20121110MiamiRS>
  -  **Nov 12** (SCY) Carleton Hour of Power – <http://www.carleton.edu/departments/publ/sportsinfo/HOP/HOP2012flyer.pdf>
  -  **Nov 18** (SCM) Louisville, KY – 2012 Louisville Invitational <http://www.kylmsc.org/>
  -  **Dec 1-31** (SCY) Postal event – **400 Kick for Time** – A fun event to encourage all swimmers to improve their kick. Prizes for the top-3 in each age group. You may kick any stroke or combination of strokes as long as you hold a kickboard (SCY) Must be completed between Dec. 1 and Dec. 31, 2012 - More info: <http://www.usms.org/comp/event.php?MeetID=20121201MEMO-1Y>
- Did you know?** In America, with over 6 Trillion swimming pools, or maybe that's gallons of water for swimming... OK, so who really knows? In any case, over 37% of Americans who are old enough to swim can't swim 25 yards in a row? That's somewhere between sad and pathetic! Now's the time to encourage your "Non-Competitive Non Swimming" friends to come out and give it a try. Almost every masters team has a lane to encourage beginners... And now there's even an event for people who don't like to use their arms! (*Kidding!*) A great event for beginners all the way to Olympians... ***How fast will you be in the 400 Kick For Time?***



**Please:** Send information for future News Releases to: [OhioEditor@usms.org](mailto:OhioEditor@usms.org)

**Each month** (more often if warranted) we will announce upcoming USMS swimming events scheduled in our area. Members of U.S. Masters Swimming in Ohio with an e-mail address on file automatically receive these unless you opt out. If you have questions or would like to change your e-mail address, please notify: [OHRegistrar@USMS.org](mailto:OHRegistrar@USMS.org)

### 2013 (On the Horizon):

- February 9, 2013 (SCY) *Details Coming* – Annual Spring Miami Redfin Mardi Gras Meet, **Oxford, OH**
- March 9, or 16, 2013 (SCY) *Details Coming* – Annual Anderson Meet, **Cincinnati, OH**
- April 11 to 14, 2013 (SCY) 2013 YMCA Masters National Championship, Ft. Lauderdale, FL --- *Details Coming*
- May 9 to 12, 2013 (SCY) 2013 U.S. Masters Swimming Spring National Championship – Indianapolis, IN 46202
- June 5 to 9, 2013 (LCM) FINA Pan American Championships – Sarasota, FL
- July 21 to Aug 1, 2013 (SCY) National Senior Games, Cleveland, OH – (Age 50+) Must qualify in 2012 --- See: [www.nsga.com](http://www.nsga.com)
- August 7 to 11, 2013 (LCM) USMS Summer National Championship – Mission Viejo, CA

**Let us know about your meet:** If you are hosting a meet, let us know... We will advertise it below... If you want to have a meet or two in the coming year, now is the time to schedule it. Send an e-Mail to Jeff at [OHSanctions@usms.org](mailto:OHSanctions@usms.org) for details.