



October 2013

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## Upcoming Events\* ~ 2013 to Early 2014

Date	Event	Location	Course	More Info.
OCT 13, 2013	Manta Ray Masters Fall Invitational	Mason, OH	SCY	<a href="http://www.teamunify.com/ohmmr/_eventform_/367125_Masters%20Meet%20Fall%20Invitational%202013.doc">http://www.teamunify.com/ohmmr/_eventform_/367125_Masters%20Meet%20Fall%20Invitational%202013.doc</a>
NOV 16, 2013	2013 Miami Redfin Fall Meet	Oxford, OH <a href="http://www.units.muohio.edu/rsports/aquatics/">http://www.units.muohio.edu/rsports/aquatics/</a>	SCM	See "Upcoming Events" on USMS website
DEC 14, 2013	2013 Dayton Area Sharks Bobble-Head Pentathlon	Dayton, OH	SCY	Details coming Mark your calendar
FEB 8, 2014	2014 Mardi Gras Meet	Miami University Oxford, OH	SCY	Details coming Mark your calendar
MAR 1, 2014	1st Annual Arnold Swimming Championships	Delaware, OH	SCY	<b>Register Now</b> Limited to first 300 registered <a href="http://www.arnoldsportsfestival.com/">http://www.arnoldsportsfestival.com/</a>
MAR 15, 2014	Annual Anderson St. Patrick's Day Meet	Cincinnati, OH	SCY	Details coming Mark your calendar
MAR 29, 2014	<b>Ohio State SCY Championships</b>	Ohio State University Pool	SCY	<b>Register Now</b> <a href="http://www.usms.org/comp/event.php?MeetingID=20140329HUNTINY/">http://www.usms.org/comp/event.php?MeetingID=20140329HUNTINY/</a>
JUNE, 2014	<b>Ohio State LCM Championships</b>	To Be Announced	LCM	<b>Details coming in next SplashLines</b>

SCY= Short Course Yards (25 yd. pool), SCM= Short Course Meters (25 meter pool), and LCM= Long Course Meters (50 meter pool)

\*For meets outside of the Ohio LMSC, please see the Upcoming Events webpage at [http://www.usms.org/comp/event\\_search.php?utm\\_campaign=top\\_nav&utm\\_medium=events\\_and\\_results](http://www.usms.org/comp/event_search.php?utm_campaign=top_nav&utm_medium=events_and_results)

Want to see your event listed in this newsletter?  
Please send any information for upcoming events to [OHEditor@usms.org](mailto:OHEditor@usms.org)

Interested in hosting an event?  
Please send an email to Jeff at [OHSanctions@usms.org](mailto:OHSanctions@usms.org)

## Good News!

- Congratulations to CJ Rushman who received the Presidential Citation Award at the recent USMS national convention, for his four years of service (2009-2013) serving as the Corporate Secretary on the Board of Directors for USMS.
  - Currently, CJ is the appointed Great Lakes Zone Director, as well serving on the Board.
- Amanda Janszen was recently mentioned as a "Top-Ten Chair who is doing a great job." It's a compliment for Amanda personally from the highest levels in our sport for the job she is doing!
- Laura was also mentioned recently as, "Doing a great job as Registrar."

## Board Notes

It is once again time for the Ohio Local Master's Swim Committee (Ohio LMSC) Board to meet. We will meet 10:30 AM, November 16, 2013, right before the 12:00 noon warm ups for the 2013 Miami Redfin Fall Meet. If you have ever considered getting involved with the Board of the Ohio LMSC, and maybe giving something back to the sport you love, please consider attending this meeting. You will get to meet great people who love to swim and who love to see our sport grow.

As of September 30, 2013, the following changes have been made in the Ohio LMSC Board roster:

- Treasurer: Laura Wright
- Registrar: Scott Goertemiller

Congratulations to Laura and Scott!

Note: the position of Secretary is still available for anyone who might be interested.

## USMS Rule Change

There has been a change to our swim meet Rules, adopted by USMS. Effective immediately an unattached swimmer is an individual member who will be registered with "Club Unattached." Swimmers registered with "Club Unattached" are not allowed to compete in relays or score club or team points in competition. Check: [www.usms.org/rules/20130915\\_unat\\_fina\\_changes.pdf](http://www.usms.org/rules/20130915_unat_fina_changes.pdf) for more details.

# Did You Know?

## Huntington Disease: A Personal Quest for a Cure

By Craig Baldwin, Meet Director, 1<sup>st</sup> Annual Arnold Championships

HDSA (Huntington Disease Society of America) has been leading the charge to find a cure or effective treatment for HD. HD is caused by a genetic mutation, an excessive number CAG repeats on a gene that we all need to live normally. The mutation causes a progressive decline in the victim by killing off a portion of the brain. The HD victim suffers from a combination of Depression, Obsessive behavior, Parkinson's and Alzheimer's symptoms that progressively get worse until death. Death usually occurs 10 to 25 years after the first symptoms. Symptoms generally first occur between the ages of 30 to 50. The genetic mutation is passed on within families. If a parent has the mutation there is a 50/50 chance that each child will also have the mutation. So not only does the parent have to deal with their symptoms, but have to deal with whether they have passed the mutation on to their kids, and whether their brothers and sisters are going to get symptoms also.

My parents went way above and beyond in their efforts to raise us kids, and raise 40+ foster kids. They got us to all of our sports practices, went to all games, as age groupers, high school, college and even some master's swim meets.

My parents should have had a pleasant life, instead my Dad has been caring for my Mom for about 20 years. They are still fighting the good fight, raising money for research, participating in drug trials, even though a treatment is going to be too late for my Mom at this point. Each generation strives to make it the last generation that anyone will have to contend with Huntington's.

## A Word about the Top Ten

By Amanda Janszen, Top Ten Chair, Ohio LMSC

I would like to update all LMSC members on what I do for the LMSC, and some new developments related to my Top-Ten position.

First, I am in charge of receiving meet results from all meets sanctioned in the state of Ohio, checking them for accuracy, and sending them to the national database. Nationally, a list of all times per age group and event is created from every state's results. These results are NOT OFFICIAL until the end of the particular season (SCY - June; SCM - December; LCM - September), but are still able to be viewed online on an "unofficial" list. That is why I, as the record keeper for Ohio, cannot update our state records until after all times are collected nationally, and I am given the "official" list. I do appreciate emails, however, if you have questions or I missed a record-setting swim!

Secondly, I would like to give some "tips" to all meet directors. With new LMSC and national rules, I will need to have pool measurements, taken the day of the meet, sent to me with the meet results. If your pool is a "permanent pool", with no bulkheads, I only need the measurements taken once. If swimmers swim into a bulkhead at one or both ends of your pool, I need new measurements done for each meet. The form for pool measurements can be found on the national website. You can email both of those directly to [OHTopTen@usms.org](mailto:OHTopTen@usms.org).

Recently, our national database coordinator has made a statement saying that if relays are to be counted for the "official" Top Ten lists at the end of each season, relay members' names must be in the official results. The only way to do this is to enter relay members' names into the relays in Meet Manager BEFORE the relays are swum. It may be beneficial for all coaches and swimmers attending a meet to have relays put together beforehand so that they can be updated in the computer quickly!

If there are any questions regarding any of these procedures, please email me! I am always willing to help out as soon as I can!